

Young People's Health Resource Newsletter January 2019



*** Happy New Year ***

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health. Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

App store

This HEADSS training app (from YPHSIG) was launched at the recent RCPCH meeting in March and is available to download for free at

 <https://app.appinstitute.com/heedsss>

Professional Webwatch

 https://www.health.org.uk/sites/default/files/upload/publications/2018/A-place-to-grow_0.pdf

A Place to Grow is the second report in the Health Foundation's Young People's Future Health Enquiry and is the result of engagement with over 600 young people aged 16–24 years from five distinct areas across the UK. The inquiry is a first-of-its-kind research and engagement project that aims to build an understanding of the influences affecting the future health of young people.

 <https://www.ukyouth.org/>

UK Youth is a national UK charity, committed to providing access to appropriate, high quality services in every community so that young people are empowered to build bright futures, regardless of their background or circumstances.


 <http://www.healthscotland.scot/population-groups/young-people>


NHS Scotland web pages re: young people


Sleep and Young People


 <https://unravelsupport.co.uk/counting-sheep>


Professional Bookshelf

 Ahmid M, Ahmed SF, Shaikh MG. Childhood-onset growth hormone deficiency and the transition to adulthood: current perspective. *Ther Clin Risk Manag*. 2018 Nov 23;14:2283-2291.

 Bonell C, Allen E, Warren E, McGowan J, Bevilacqua L, Jamal F, Legood R, Wiggins M, Opondo C, Mathiot A, Sturgess J, Fletcher A, Sadique Z, Elbourne D, Christie D, Bond L, Scott S, Viner RM. Effects of the Learning Together intervention on bullying and aggression in English secondary schools (INCLUSIVE): a cluster randomised controlled trial. *Lancet*. 2018 Dec 8;392(10163):2452-2464.

 Chen F, Berchtold A, Barrense-Dias Y, Suris JC. Spiritual belief and its link with potentially addictive behaviors in a youth sample in Switzerland. *Int J Adolesc Med Health*. 2018 Nov 29. [Epub ahead of print]

 Devakumar D, Russell N, Murphy L, Wickramage K, Sawyer SM, Abubakar I. Children and adolescents on the move: what does the Global Compact for Migration mean for their health? *Lancet Child Adolesc Health*. 2018 Dec 5. [Epub ahead of print]


 Guilamo-Ramos V, Thimm-Kaiser M, Benzekri A, Rodriguez C, Fuller TR, Warner L, Koumans EHA. Father-Son Communication About Consistent and Correct Condom Use. *Pediatrics*. 2018 Dec 17. [Epub ahead of print]

 Hutchinson D, Youssef GJ, Buhagiar A, Teague S, Macdonald JA, Letcher P, Greenwood C, McIntosh J, Toumbourou JW, Hallam BWT, Skouteris H, Sanson A, Olsson CA. Adolescent Care-Orientation and Positive Development in Young Adulthood. *J Adolesc Health*. 2019 Jan;64(1):63-69.

 McDonagh J, Tattersall R (eds) *Adolescent and Young Adult Rheumatology In Clinical Practice*. Springer 2019 <https://www.springer.com/us/book/9783319955186>

 Petroni S, Das M, Sawyer SM. Protection versus rights: age of marriage versus age of sexual consent. *Lancet Child Adolesc Health*. 2018 Dec 5. [Epub ahead of print]

 Ridout B, Campbell A. The Use of Social Networking Sites in Mental Health Interventions for Young People: Systematic Review *J Med Internet Res*. 2018 Dec 18;20(12):e12244

 Schroeder AR, Dehghan M, Newman TB, Bentley JP, Park KT. Association of Opioid Prescriptions From Dental Clinicians for US Adolescents and Young Adults With Subsequent Opioid Use and Abuse. *JAMA Intern Med*. 2018 Dec 3. [Epub ahead of print]

 Tashjian SM, Mullins JL, Galván A. Bedtime Autonomy and Cellphone Use Influence Sleep Duration in Adolescents. *J Adolesc Health*. 2018 Oct 23 [Epub ahead of print]

 Thakkar MY, Hao L, Marcell AV. Adolescents' and Young Adults' Routine Care Use: The Role of Their Mothers' Care Use Behaviors. *J Adolesc Health*. 2018 Oct 9. [Epub ahead of print]

Forthcoming Dates for your Diary!

2019

Jan		
31	5th Adolescent Rheumatology Symposium UCL Centre for Adolescent Rheumatology London	Information to follow https://www.eventbrite.co.uk/d/united-kingdom--london/adolescent-rheumatology/
Feb 1	Paediatric Mental Health Association Annual Meeting – Day 2: Adolescent mental health: Trials and tribulations through transition Northampton	http://pmha-uk.org
Feb		
5	Westminster Health Forum Keynote Seminar <i>Next steps for children and young people's</i>	www.westminsterforumprojects.co.uk/conferences/westminster-health-forum

	<i>health in England - obesity, mental wellbeing and the 10-year NHS plan</i>	
March		
6-9	SAHM <i>Psychological Well-Being: International Transcultural Perspectives</i> Washington DC	https://www.adolescenthealth.org/Meetings/2019-Annual-Meeting.aspx
May 13-15	RCPCH Spring Meeting Joint YPHSIG session with Paediatric Education SIG Birmingham	www.rcpch.ac.uk Abstract deadline 1 october 2018
June 28	4th Annual NW Transition Conference organised by Alder Hey NHS foundation Trust venue: Aintree University Hospital NHS Trust.	Information to follow
Sept		
18-19	Joint RCPCH and SAHM Conference Windsor, UK	Information to follow

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk