

Young People's Health Resource Newsletter September 2020



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)
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**Hoping this finds you and your loved ones safe and well and coping
In these very strange times.**

YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

BANNAR Project Officer Job Vacancy

Do you know someone who is looking for a project officer role and interested in working with a friendly and committee group of rheumatology professionals across the UK passionate about improving services and research with adolescents and young adults with rheumatic conditions?

The BANNAR (Barbara Ansell National Network for Adolescent Rheumatology <https://bannar.org.uk>) Project Officer vacancy is now live on the Versus Arthritis website, <https://www.versusarthritis.org/about-us/work-for-us/our-current-vacancies/bannar-project-officer/>. Closing date: 15 September 2020

This post is to support BANNAR and their national youth advisory panel YOURRheum (<https://yourrheum.org>) to maintain and develop over the coming years.

Professional Webwatch

 <https://www.youngpeopleshealth.org.uk/niceimpact-children-and-young-peoples-healthcare>

NICEimpact children and young people's Health care (June 2020). Since 2004, NICE has published an extensive suite of guidance and advice on children and young people, including 72 guidelines. In June 2020 they published an impact analysis of the recommendations included in this guidance. The areas looked at in more detail in relation to our age group (10-24) included:

- Prescription of antibiotics for common infections
- Managing long term conditions in the community (particularly asthma, diabetes, epilepsy and mental health)
- Annual physical health checks for all children, young people and adults with a learning disability (only approximately a quarter of 10-19 year olds get these)
- Transition from child to adult services
- Innovative technologies for children's conditions including cancer treatments

 <https://iaah.org/resources/policy-statements/>

Protect adolescent health in covid-19 response – Policy statement from the International Association for Adolescent Health (August 2020)

 <https://www.nytimes.com/2020/08/14/well/family/young-adults-health-care-autonomy.html>

How young people can own their health care (Even if they still see a paediatrician.) Article in NY Times August 2020

COVID-19 and young people: research

 <https://www.youngpeopleshealth.org.uk/resources>

Some new COVID-19 studies with relevance for the 10-24 year old age group

A quick review of ongoing research projects about recording the pandemic's experiences and impacts on young people's health.

Education and vocation

 <https://nationalcareers.service.gov.uk/>

Information, advice and guidance on learning, training and work.

Professional Bookshelf

-  Adams SH, Park MJ, Schaub JP, Brindis CD, Irwin CE Jr. Medical Vulnerability of Young Adults to Severe COVID-19 Illness-Data From the National Health Interview Survey. *J Adolesc Health*. 2020 Jul 9;67(3):362-8.
-  Adams SH, Po J, Jane Park M, Irwin CE Jr. Monitoring Adolescents' Receipt of Time Alone From Two National Surveys. *J Adolesc Health*. 2020 Jul 2:S1054-139X(20)30222-6. D
-  Ahmed, S., Foulkes, L., Leung, J. T., Griffin, C., Sakhardande, A., Bennett, M., Dunning, D. L., Griffiths, K., Parker, J., Kuyken, W., Williams, J.M.G., Dalgleish, T. & Blakemore, S.-J. Susceptibility to prosocial and antisocial influence in adolescence. *Journal of Adolescence* 2020; 84, 56-68.
-  Andrews JL, Foulkes L, Blakemore SJ. Peer Influence in Adolescence: Public-Health Implications for COVID-19. *Trends Cogn Sci*. 2020 Aug;24(8):585-587.
-  Chavis A, Bakken H, Ellenby M, Hasan R. Coronavirus Disease-2019 and Telehealth: Prevention of Exposure in a Medically Complex Patient With a Mild Presentation. *J Adolesc Health*. 2020;67(3):456-8.
-  Cohen AK, Hoyt LT, Dull B. A Descriptive Study of Coronavirus Disease 2019-Related Experiences and Perspectives of a National Sample of College Students in Spring 2020. *J Adolesc Health*. 2020 Jun 24;67(3):369-75.
-  Christie D. Paediatric psychology services: Keeping the mind and body connected. *Clin Child Psychol Psychiatry*. 2020 Jul;25(3):547-549.
-  Dumas TM, Ellis W, Litt DM. What Does Adolescent Substance Use Look Like During the COVID-19 Pandemic? Examining Changes in Frequency, Social Contexts, and Pandemic-Related Predictors. *J Adolesc Health*. 2020 Jul 18;67(3):354-61.
-  Gubelmann A, Auderset D, Akre C, Barrense-Dias Y, Surís JC. Youths and poor emotional wellbeing: is it just a matter of stress? A longitudinal survey *Swiss Med Wkly*. 2020 Jul 15;150:w20290
-  Langmaid L, Ratner L, Huysman C, Curran S, Uluer A. Supporting the Medically Fragile: Individualized Approach to Empowering Young Adults With Chronic Disease During the Coronavirus Disease 2019 Pandemic *J Adolesc Health*. 2020 Jul 16;67(3):453-5.
-  Lloyd A, McKay R, Sebastian C, Balsters J. Are adolescents more optimal decision-makers in novel environments? Examining exploration and learning in a patch foraging paradigm. <https://psyarxiv.com/ypkng/>
-  Orben A, Tomova L, Blakemore SJ. The effects of social deprivation on adolescent development and mental health. *Lancet Child Adolesc Health*. 2020 Aug;4(8):634-640.
-  Panovska-Griffiths J, Kerr CC, Stuart RM, Mistry D, Klein DJ, Viner RM, Bonell C. Determining the optimal strategy for reopening schools, the impact of test and trace interventions, and the risk of occurrence of a second COVID-19 epidemic wave in the UK: a modelling study. *Lancet Child Adolesc Health*. 2020 Aug 3:S2352-4642(20)30250-9.
-  Viner RM, Bonell C, Drake L, Jourdan D, Davies N, Baltag V, Jerrim J, Proimos J, Darzi A. Reopening schools during the COVID-19 pandemic: governments must balance the uncertainty and risks of reopening schools against the clear harms associated with prolonged closure. *Arch Dis Child*. 2020 Aug 3:archdischild-2020-319963.

RCPCH-NIHR PIER Prize

<https://www.nihr.ac.uk/awards/rcpch-nihr-pier-paediatric-involvement-and-engagement-in-research-prize-2021/25539>

Applications for the 2021 round will open from **1 September until 30 November 2020**.

The prize is designed to recognise the multidisciplinary research teams who make outstanding contributions to involving paediatric patients and families in the development and delivery of research.

It is open to research active paediatricians and paediatric focused research teams of up to four people. The individual or team should highlight their contribution to excellent paediatric patient/family engagement in the design and delivery of NIHR Clinical Research Network Portfolio studies.

The winner(s) will receive a trophy and free day attendance to the RCPCH Conference and Exhibition 2021 (including reasonable expenses) where they will be presented with the prize by the RCPCH President.

Forthcoming Dates for your Diary!

2020 (potential dates which may change depending on the COVID19 situations)

September		
25	Ready Steady Go (RSG) : Empowering Patients, Shared Decision Making and Transition' virtual tudy day	Register for the day here: https://www.piernetwork.org/rsgh.html
October		
6	Conference webinar - Young People's Health Special Interest Group & British Association of General Paediatrics	https://www.rcpch.ac.uk/news-events/events/conference-webinar-young-peoples-health-special-interest-group-british
November		
5-7	IAAH <i>12th World Congress Adolescent Health Meeting the challenge of global change</i> Lima, Peru Postponed until 2021	http://www.iaah2020congress.org/en
December		
3	Reorganised (from March 2020) RCGP, RCP, RCPCH and RCPsych <i>The Adolescent Health Conference: Working together to bridge the gaps</i> RCGP London	

2021

March		
21-27	International Adolescent Health Week	
June		
10	5th Annual North West Transition Conference	Information to follow Contact: Jacqui Rogers, Trust Transition Service Lead Nurse Alder Hey Children's NHS Foundation Trust
August		
23-26	International Pediatric Association conference hosted by RCPCH Ensuring a brighter future for all children Glasgow	Will include YPHSIG symposium
Nov		
19-21	IAAH <i>12th World Congress Adolescent Health Meeting the challenge of global change</i> Lima, Peru (re-organised from 2020)	http://www.iaah2020congress.org/en

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk